

# Trisha Frisk

I have been self employed as a journalist/artist/sculptor for the last 25 years while bringing up three sons, and assisting in the running of a farm and vet practice. Now retired from farming, I am able to focus more on my creative work. I successfully participated in the many Whangarei Sculpture Symposium and regularly support the Broadwood show chainsaw carving demonstrations.

"I enjoy my work and I like to think it will bring a bit of good cheer into the world. I studied for two years with The Learning Connexion in Wellington and agree with their philosophy that if you aren't having fun, you aren't doing it right.

